East Missouri Action Agency has implemented a new program in St. Francois County to help families achieve their goals.

The Supporting, Empowering & Leveraging for Families (S.E.L.F.) program will match families with an EMAA staff member who will work one-on-one with the family.

Families will assess their strengths, create their own goals and work to achieve those goals through ongoing support services from EMAA.

EMAA will support the family by leveraging local &/or agency resources to help families overcome the obstacles keeping them from achieving their goals.

For more information, contact EMAA today!

The S.E.L.F. program is recommended for families who want to improve their education, increase their income, improve housing situations and/or meet health needs.

East Missouri Action Agency, Inc.
403 Parkway Drive, PO Box 308
Park Hills, MO 63601
(573) 431-5191 x1128
thinch@eastmoaa.org

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